

2007-08.

#### FIRST SEMESTER

Course-I: Psychopathology 100 marks

Course-II: Clinical Evaluation of Abnormal  
Behaviour and Psychotherapies 100 marks

#### SECOND SEMESTER

Course-III: Health and community Psychology 100 marks

Course-IV: Project report 100 marks

#### Course-I: Psychopathology

- i) Dynamics of clinical and abnormal Psychology. Its purpose and usefulness in daily life, myth and Misconception related to abnormal behaviour.
- ii) Anxiety disorder: Generalized anxiety disorder: Obsessive compulsive Disorder: Phobia: Post Traumatic Stress Disorders: Acute Stress Disorders.
- iii) Schizophrenia and Mood Disorders: etiology and treatment
- iv) Psychosomatic and somatoform disorders
- v) Personality Disorders
- vi) Early growth and social and emotional development: Perspective on early experiences. Behavioural problems of childhood.

#### REFERENCE BOOKS

Davison, G. C. & Neale. I.M. Abnormal psychology. An experimental clinical Approach, Wiley. 1982.

Millan. I. Theories of Psychopathology. Sunders. 1967.

Kleinmuntz. B. Essentials of Abnormal Psychology. Harper & Pow. 1980.

Adam. H. E. & Sutker. P.B. comprehensive Handbook of Psychopathology. Penguin Press. 1984.

Szasz. T. The Myths of Mental illness. Hober-Harper. 1961.

Korchin. Scheldon. J. Modern clinical psychology. CBS publishers & Distributors. 1986.

Wolman. P.P.(Ed). Hand book of clinical Psychology. Mcgraw Hill. 1975.

## Course-II Clinical Evaluation of Abnormal Behaviour and Psychotherapies

- i) Evaluation: Physical Examination. The interview Observation of Behaviour in Hospitals.
- ii) Psychological Tests: Intelligence Tests: Intellectual Impairment Tests: Personality Tests: Projective tests: Development Screening Test (DST): Vineland social Maturity Scale.
- iii) Differential Diagnosis: Diagnosis approach to Functional (Idiopathic) Mental Disorders their natural History and clinical course.
- iv) History taking and Case Presentation: Over View of ICD-10 and DSM.
- v) Counseling and its various Aspects.
- VI Psychotherapy
  - Psychoanalytical therapies: Freud and Neo Freudians.
  - Behaviour Therapy
  - Client Centered Therapy
  - Existential Therapy
  - Group Therapy: Encounter Group Therapy, Family Therapy. Psychodrama. Gestalt therapy. Logo Therapy and Rational therapy. Faminist Therapy.

### REFERENCE BOOKS

- Korchin. Sheldon. I. Modern clinical psychology. CBS publishers and distributors. 1986.
- Woodworth. R.S. and Schlosberg. II. Experimental Psychology. Halt. Rinehart & Winston. 1954.
- Anastasi. A. Psychological Testing. Macmillan. 1988.
- Kellerman. II. & Burry. A Handbook of Psychodiagnostic testing. Grune & Stratton.
- Greenspan Minan. A new approach to women and Therapy. Mcgraw Hill.1983.

## UNITY PSYCHOLOGY

- i) Introduction to and need for Health psychology. Models of healthy personality: allport. Rogers. Maslow. Eastern approaches. Zen Buddhism. Concept of stith Prajna (Gita). Suffism and history of Mental health movement.
- ii) Stress and Health. Life events approach to the study of stress strain/well---being relationship. The role of stress in hypertension. Coronary heart disease. Ulcer and cancer. Moderator variables influencing the stress. Strain/well being relationship: Type A behaviour pattern. Personality hardiness and social support.
- iii) Community psychology: Concept and scope.  
Strategies of community intervention: Crisis intervention and consultation
- iv) The non-professionals in community psychology, need, relevance and problems, strengthening community resources.
- v) The psychology of happiness. Personality patterns in Happy people.
- vi) Substance Abuse and HIV/AIDS: Counseling and Awareness.

## REFERENCE BOOKS

Sheldon. S. J. Modern Clinical Psychology. CBS publishers and distributors. 1986.

Zax. M. &Spector. S.S. Introduction to community psychology. Wiley. 1974.

Goldberger. I. & Bernit. S. handbook of stress. The critical and clinical aspects. Free Press.1985.

Proome. A.K. Health psychology. Process application. London. Chapman & hall 1989.

Dohrenwend. B. S. & Dohrenwend. B. P. Stressful life events. Their nature and effects. John wiley. 1974.

## COURSE-IV: REPORT WRITING