

No. 3—3-6/2013-Psy-HPU
Himachal Pradesh University
Psychology Department

Dated: 26-6-2013

To

The Dean
Faculty of Social Sciences,
H. P. University, Shimla.

Sub: Course and Credits approved by BOS for Major in Psychology (UG).

Sir,

Please find enclosed a copy of the proceedings of the Board of Studies (UG) in Psychology along with the detailed courses/syllabus and distribution of credits for Major in Psychology along with Minor/elective (Additional).

It is requested that the secretary be asked to place the proceedings of the Board of Studies (UG) in Psychology in the meeting of the Faculty of Social Sciences to be held on 27th June, 2013 so that the courses may be accorded due approval before the deadline set by the Dean Planning and Teachers Matter for the introduction of new syllabi expires.

Thanking you,

Yours Sincerely,

Sd/-

Dr. R.L. Zinta

No. 3-17/2013-Psy-HPU
Himachal Pradesh University
Department of Psychology

Dated: 5-6-2013

Subject: Proceedings of the meeting of the Board of Studies for undergraduate classes to change the syllabus in order to implement CBCS-semester system in psychology.

The meeting of the Board of Studies for undergraduate classes was held on 5-6-2013 at 10.00 AM in the Department of psychology, H. P. University, Shimla-5. The following have attended the meeting:-

Dr. R. L. Zinta, Chairman, Department of Psychology & convener BOS for Undergraduate classes
Member

Mrs. Prabha Gill
B. Ed. College of Education,
Dharamshala, H. P.

Special Invitee

Mrs. Sadhana Chaudhary
Deptt of Psychology,
R. K. M. V. Shimla.

-do-

Prof. S.N. Ghosh,
Department of Psychology,
H.P.University, Shimla .

-do-

The Board of studies for undergraduate classes has approved the syllabus for BA psychology based on CBCS-Semester system (Annexure enclosed) to be effective with effect from the session June/July 2013. The members of the Board of Studies were of the opinion that at least four faculty members are required to teach the syllabus in order to implement CBCS-Semester system in psychology in different colleges of Himachal Pradesh.

-Sd/-
Dr.R. L. Zinta

Chairman & Convener

-Sd/- -Sd/-
Dr. Sadhna Chaudhary
Department of Psychology
RKMV, Shimla

-Sd/-
Dr. Prabha Gill

GCTE, Dharamshala

Prof. S. N. Ghosh
Department of Psychology
H.P.University, Shimla.

Approved in BOS meeting in the Subject
of Psychology held on 05.06.2013

Annexure-I of BOS Meeting

PSYCHOLOGY DEPARTMENT,
HIMACHAL PRADESH UNIVERSITY,
SUMMER HILL SHIMLA-171005 (INDIA)

**OUTLINES OF SYLLABI AND COURSES OF READING
IN THE SUBJECT OF PSYCHOLOGY FOR BA WITH MAJOR IN
PSYCHOLOGY AND MINOR ELECTIVE IN PSYCHOLOGY (2013-2014
ONWARDS)**

(A) Structure Outline of Major in Psychology (Minimum Credits to be Earned = 56)

SEMESTER-I (ODD)					
Semester	Course Code	Course Type	Course Name	Credits/Week	Cumulative credits Category wise
I (Odd)		Compulsory Course 1	To be selected from the list of compulsory courses	3	Compulsory = 6 Major Core i/c practical's = 8 Elective = 8 GI H = 1 Total= 23
		Compulsory Course II(Skill based)	To be selected from the list of compulsory courses(skill based)	3	
	BAPSY0101	Major Core Course I	Fundamentals of Psychology	3	
	BAPSY 0102	Major Core Course-II	Experimental Psychology-I	3	
		Minor Elective Course I(a)	To be selected from the list of Minor Elective Subjects other than Psychology	4	
		Minor Elective Course I(b)	To be selected from the list of Minor Elective Subjects other than Psychology	4	
	BAPSY0101 (P)	Major Core Lab Course-1	Psychology Lab	1	
	BAPSY 0102 (P)	Major Core Lab Course-II	Psychology Lab	1	
		General Interest (GI and Hobby (H) Courses- I	To be selected from the list of GI and Hobby Courses	1	

SEMESTER-II (EVEN)					
II Even		Compulsory Course III	To be selected from the list of compulsory courses	3	Compulsory 6 (12) Major Core -8 (16) Minor Elective-8 (16) GI& H-1 (2) Total 23 (46)
		Compulsory Course IV(skill Based)	To be selected from the list of compulsory courses (skill based)	3	
	BAPSY0203	Major Core Course-III	Social Psychology	3	
	BAPSY-0204	Major Core Course IV	Learning Processes	3	
		Minor Elective Course II(a)	To be selected from the list of Minor elective subject other than psychology	4	
		Minor Elective Course II(b)	To be selected from the list of Minor elective subject other than psychology	4	
	BAPSY0203 (P)	Major Core Lab –III	Psychology Lab	1	
	BAPSY0204 (P)	Major Core Lab-IV	Psychology Lab	1	
	GI & Hobby Course-II	To be selected from the list GI and Hobby courses	1		
SEMESTER-III (ODD)					
		Compulsory Course V	To be selected from the list of compulsory courses	3	Compulsory 6 (18) Major Core -8 (24) Minor Elective-8 (24) GI& H-1 (3) Total 23(69) (Complete)
		Compulsory Course VI (skill Based)	To be selected from the list of compulsory courses (skill based)	3	
BAPSY0305	Major Core Course-V	Psychopathology	3		
BAPSY0306	Major Core Course-VI	Experimental Psychology-II	3		
	Minor Elective Course III(a)	To be selected from the list of Minor elective subject other than psychology	4		
	Minor Elective Course III(b)	To be selected from the list of Minor elective subject other than psychology	4		
BAPSY0305(P)	Major Core Lab-Course-V	Psychology Lab	1		
BAPSY0306(P)	Major Core Lab-Course-VI	Psychology Lab	1		
		<i>GI and H course III</i>	<i>To be selected from the list GI and Hobby Courses</i>	1	

SEMESTER-IV(EVEN)

IV EVEN	BAPSY-0407	Major Core Course-VII	Everyday Psychology	3	Major Core = 12 (36) i/c Practical Minor Elective = 8 (36) Core/Additional Elective = 4 Total 24 (93)
	BAPSY-0408	Major Core Course-VIII	Socio-psychological Processes	3	
	BAPSY-0409	Major Core Course-IX	Stress Management	4	
		Minor Elective Course IV(a)	To be selected from the list of minor elective subjects other than psychology	4	
		Minor Elective Course IV(b)	To be selected from the list of minor elective subjects other than psychology	4	
	BAPSY407 (P)	Major Core Lab-Course-VII	Psychology Lab	1	
	BAPSY408 (P)	Major Core Lab-Course-VIII	Psychology Lab	1	
		(Core/Elective Course Additional)*	See the list of (Additional)* Elective Courses	4	

SEMESTER-V (ODD)

V ODD	BAPSY-0510	Major Core Course X	Psychology of Personality	3	Major Core = 12 (48) i/c Practical
	BAPSY-0511	Major Core Course XI	Abnormal Psychology	3	
	BAPSY-0512	Major Core Course XII	Psychology of Substance Use	3	
		Minor Elective course V(a)	To be selected from the list of minor elective subject other than psychology	4	Minor Elective = 8 (40) Core/Elective (additional) = 4 Total 24 (117)
		Minor Elective course V(b)	To be selected from the list of minor elective subject other than psychology	4	
	BAPSY-0510 (P)	Major Core Lab course-X	Psychology lab	1	
	BAPSY-0511 (P)	Major Core Lab course-XI	Psychology lab	1	
	BAPSY0512	Major Core Lab-XII	Psychology Lab	1	
		Core/Elective course(additional)*	See the list of Additional* Elective Courses	4	

SEMESTER-VI (EVEN)					
VI EVEN	BAPSY-0613	Major Core Course XIII	Sociopathic Disorders	3	Major Core = 8 (56) i/c Practicals Core/Elective (additional) = 20 Total = 28 (145)
	BAPSY-0614	Major Core Course XIV	Therapeutic Approaches to Mental Health	3	
	BAPSY-0613 (P)	Major Core Lab course- XIII	Psychology Lab	1	
	BAPSY-0614 (P)	Major Core Lab course- XIV	Psychology Lab	1	
		Core/Elective course (additional)*	See the list of additional* or open elective courses	4	
		Core/Elective course (additional)*	See the list of additional* or open elective courses	4	
		Core/Elective course (additional)*	See the list of additional* or open elective courses	4	
		Core/Elective course (additional)*	See the list of additional* or open elective courses	4	

B. Additional Elective Courses offered by Psychology Department (can be chosen for earning credits over and above 56 major subjects credits, 40 minor elective credits, 9(Min.) compulsory course credits and, 1(Min.) 3 GI & H course Credits i.e. total 106 credits; for getting BA Degree a learner has to earn a minimum of 120 credits).

Semester	Course Code	Course Type	Course Name	Credits/week	Cumulated Credits Category-wise
IV/V/VI					
IV	BAPSY0415	Core/Elective course (additional)*	Statistics in Psychology	4	
V	BAPSY0516	Core/Elective course (additional)*	Emotional Disorders	4	
VI	BAPSY0617	Core/Elective course (additional)*	Psychology of Adolescence	4	
VI	BAPSY0618	Core/Elective course (additional)*	Biological Psychology	4	
VI	BAPSY0619	Core/Elective course (additional)*	Psychology of Collective Behaviour	4	
VI	BAPSY0620	Core/Elective course (additional)*	Psychology of Adjustment	4	
VI	BAPSY0621	Core/Elective	Personality	4	

		course (additional)*	Development		
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(B): Structure Outline of Minor Elective in Psychology for other than Major Psychology Students (Minimum Credits to be Earned = 20)

Semester	Course Code	Course Type	Course Name	Credits	Cumulative credits Category wise
Semester-I					
I (Odd)		Compulsory Course 1		3	Compulsory = 6 Major Core = 8 Minor –Elective 1(a) = 4(4) Minor Elective 1(b) = 4 Total Minor Electives = 8(8) GI & H = 1 Total = 23
		Compulsory Course II(Skill based)		3	
		Major Core Course I		3	
		Major Core Course-II		3	
	BAPSY0101	Minor Elective Course I(a)	Fundamentals of Psychology	3	
		Minor Elective Course I(b)		4	
		Major Core Lab Course-1		1	
		Major Core Lab Course-II		1	
	BAPSY0101 (P)	Minor Elective Lab Course I(a)	Psychology Lab	1	
	General Interest (GI and Hobby (H) COURSES- I		1		
Semester-II					
II Even		Compulsory Course III		3	Compulsory 6 (12) Major Core -8 (16) Minor Elective-II(a) -4(8) Minor Elective II(b)-4(8) Total Minor Elective = 8 (16) GI& H = 1(2) Total 23 (46)
		Compulsory Course IV(skill Based)		3	
		Major Core Course-III		3	
		Major Core Course IV		3	
	BAPSY0203	Minor Elective Course II(a)	Social Psychology	3	
		Minor Elective Course II(b)		4	
	BAPSY0203	Major Core Lab –III		1	
		Major Core Lab-IV		1	
		Minor Lab course-II (a)	Psychology Lab	1	
	GI & Hobby Course-II		1		
Semester-III					
Sem-III (Odd)		Compulsory Course V		3	Compulsory 6 (18) (complete) Core -8 (24) Minor Elective-III(a) = 4(12) Elective – III(b)= 4(12) GI& H-1(3) Total 23 (69)
		Compulsory Course VI		3	
		Major Core Course-V		3	
		Major Core Course-VI		3	
	BAPSY-0305	Minor Elective Course III(a)	Psychopathology	3	
		Minor Elective Course III(b)		4	
		Major Core Lab-V		1	
		Major Core Lab-VI		1	
	BAPSY-0305(P)	Minor Elective Course-III(a)	Psychology Lab	1	
	GI and H course III		1		

Semester-IV					
IV (Even)		Major Core Course-VII		3	Core -12(36) Elective = 8(32) Core/Elective additional* course = 4 Total 24 (93)
		Major Core Course-VIII		3	
		Major Core Course-IX		4	
	BAPSY-0407	Minor Elective Course IV(a)	Everyday Psychology	3	
		Minor Elective Course IV(b)		4	
		Major Core Lab-VII		1	
		Major Core Lab-VIII		1	
	BAPSY-0407(P)	Minor Elective Lab course IV(a)	Psychology Lab	1	
	BAPSY0415	Core/Elective Course (Additional)*	Statistics in Psychology	4	
Semester-V					
V (Odd)		Major Core Course X		3	Core = 12(48) Elective-V(a) – 4(20) Minor Elective V(b)-4(20) Total Minor Elective = 8 (40) (Complete) Core/Elective (additional)*4 Total 24 (117)
		Major Core Course XI		3	
		Major Core Course XII		4	
	BAPSY-0509	Minor Elective course V(a)	Psychology of Personality	3	
		Minor Elective course V(b)		4	
		Major Core Lab course-X		1	
		Major Core Lab course-XI		1	
	BAPSY-0509 (P)	Minor Elective Lab Course V(a)	Psychology Lab	1	
	BAPSY0516	Core/Elective course(Additional)*	Emotional Disorders	4	
Semester-VI					
VI (Even)		Major Core Course XIII		3	Core -8(56) Elective (additional)* = 20 Total 28 (145)
		Major Core Course XIV		3	
		Major Core Lab course-XI II		1	
		Major Core Lab course-XIV		1	
	BAPSY0617	Core/Elective Course (Additional)*	Psychology of Adolescence	4	
	BAPSY0618	Core/Elective Course (Additional)*	Biological Psychology	4	
	BAPSY0619	Core/Elective Course (Additional)*	Psychology of Collective Behaviour	4	
	BAPSY0620	Core/Elective Course (Additional)*	Psychology of Adjustment	4	
BAPSY0621	Core/Elective Course (Additional)*	Personality Development	4		

**OUTLINE OF SYLLABI AND COURSES OF READING
IN THE SUBJECT OF PSYCHOLOGY FOR B.A./ B. Sc. WITH MAJOR IN
PSYCHOLOGY AND MINOR ELECTIVE IN PSYCHOLOGY (2013-2014 onwards)**

SEMESTER-1

COURSE: FUNDAMENTALS OF PSYCHOLOGY (BAPSY0101)

Course Code	BAPSY 0101		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

FUNDAMENTALS OF PSYCHOLOGY

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-1 (COURSE CODE: BAPSY0101)

FUNDAMENTALS OF PSYCHOLOGY

Unit-I: Introduction to Psychology: Nature and scope of Psychology. Methods of psychology: Experimental and Observation Method.

Unit-II: Structure and function of nervous system: Neurons, Brain: Fore brain, Hind Brain and Mid Brain in brief; Spinal Cord and Glands.

Unit-III: Nature and functions of sympathetic and parasympathetic nervous system.

Unit-IV: Motivation : Nature of Biogenic, sociogenic and Psychogenic motives. Theories of motivation: Maslow's Need Hierarchical Model.

Recommended Books:

1. Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
2. Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
3. Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
4. Singh, A. and Singh,U.(1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.
5. Jain, Shashi (2007). Introduction to Psychology (4th Ed.).New Delhi: Kalyani Publishers.
6. Marx,M. H. & Cronan-Hillix, W. a. (1987). Systems and theories of psycholoty(4th Ed.). New York: McGraw Hill.
7. Benjamin, Jr. L. T.(1988). A history of psychology: Original sources and contemporary research. London: McGraw Hill.
8. Smith, E.E. , Atkinson, R. L. & Hilgard, E. R. (2003). Atkinson and Hilgards introductions to Psychology. USA: Thompson Learning.
9. Baron, R. A. (2005). Psychology (5th Ed.). New Delhi: Sanat Printers.
10. Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
11. Ciccarelli, S. K. & Meyer, G. E. (2007). Psychology. New Delhi: Pushpati Printers.
12. Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., & Hilgard, E.R. (1990). Introduction to Psychology (10th ed.). New York: Harcourt Brace Jovanovich.
13. Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
14. Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
15. Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
16. Taylor, Z. (2013). Fundamental of Psychology. Salon.com.
17. Eysenck, H. J. (2009). Fundamental of Psychology. New York: Psychology Press Taylor and Francis.
18. Srivastava, D. N. (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
19. Tiwari, Ramkalap (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
20. Matthijs Corne, R. M. (2010). Foundatiuon of Indian Psychoogy vol. I. Pearson.
21. Singh, R. N. (2010). Mool Manoviganik Prakriyaen. Agra: Aggrawal Publications.

LIST OF PRACTICALS

1. Self-efficacy assessment
2. Knowledge of Result
3. Motivational Analysis Test
4. Deo Mohan Achievement Motivational Scale

COURSE: EXPERIMENTAL PSYCHOLOGY-I (BAPSY 0102)

Course Code	BAPSY 0102		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30	10	5	5	

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

EXPERIMENTAL PSYCHOLOGY-I

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days). Text Books: Enclosure Attached

SEMESTER-I (COURSE NO: BAPSY0102)

EXPERIMENTAL PSYCHOLOGY -I

- Unit I: Types of Sensation: Structure and function of Visual and auditory Sensation.
- Unit II: Perceptual Processes: Perceptual organization: Gestalt Theory, Laws, Concept of Figure and Ground.
- Unit III: Depth Perception, Monocular and Binocular cues.
- Unit-IV: Nature and types Attention. Factor affecting attention.

Recommended Books:

- Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
- Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
- Jain, Shashi (2007). Introduction to Psychology (4th Ed.).New Delhi: Kalyani Publishers.
- Chauhan, B. R. (2001). Adhunik Prayogic Manovigyan(fourth Ed.) . Kurukshetra: Azad Publication.
- Baron, R. A. (2005). Psychology (5th Ed.). New Delhi: Sanat Printers.
- Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
- Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
- Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Ramnath Sharma & Rachna Sharma (2006). Experimental Psychology. Atlantik Publisher.
- Kantowitz, H. & Kantowitz, R. L. (2006) Study guide for experimental psychology. Atlantik.
- Carlson, N. R. (2009). Foundation of physiological psychology. Amazon.
- Zana, M. & Olson, J. (2013). Advances in experimental social psychology. Elsevier.

LIST OF PRACTICALS

1. Reaction Time
- 2 Span of Attention
3. Depth perception
4. Muller Lyer Illusion

SEMESTER-II

COURSE: SOCIAL PSYCHOLOGY (BAPSY0203)

Course Code	BAPSY 0203		
Credits-4	L	T	P
	31	14	30* (15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in Psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30	10	5	5	

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

SOCIAL PSYCHOLOGY

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-II (COURSE CODE: BAPSY0 203)

SOCIAL PSYCHOLOGY

UNIT-I: Introduction: Nature and Scope of Social Psychology.

Methods of Social Psychology: Interview, Questionnaire, and Sociometry.

UNIT-II: Socialization: Nature, Agencies, Social Learning Model of Bandura.

UNIT-III: Interpersonal Attraction: Meaning and Determinants ;Social Influence: Conformity and Obedience .

UNIT-IV: Attitude :Components and Formation of Attitudes; Prejudices: Nature, Determinants, Counteracting prejudice.

Recommended Books:

1. Kretch and Crutchfield (1948). Theory and Problems of Social Psychology. New York: McGraw Hill.
2. McDavid, J. W. & Harrari, H. (1968). Social Psychology. New York: Harper & Row.
3. Rastogi, G.D. (1986). Adhunik Samaj Manovigyan, Agra: Bhargava.
4. Baron, R.A. & Byrne, D. (1993). Social Psychology: Understanding Human Interaction. New Delhi: Prentice Hall.
5. Baron, R.A. Byrne, D. & Bhardwaj. (2002). Social Psychology: Understanding Human Interaction. New Delhi: Prentice Hall.
6. Misra, G. (1990). Applied Social Psychology. New Delhi: Sage Publications.
7. Myers, D.G. (1998). Social Psychology. New York: McGraw Hill.
8. Srivastava, D.N. Singh, R. & Pandey, J. (1991). Adhunik Samaj Manovigyan, Agra: Bhargava.
9. Singh, R. N. (2009). Adhunik Samajik Manovigyan. Agra: Aggrawal Publication
10. Srivastava, D. N. (2011). Adhunik Samajik Manovigyan. Agra: Aggrawal Publication
11. Sharma, R. N. (1993). Essentials of Social Psychology. New Delhi: Surjeet Publications.
12. Mohanty, Girishbala (2008). Social Psychology. New Delhi: Kalyani Publishers.
13. Mathur, S. S. (Revised). Social Psychology. Agra: Aggrawal Publications.
14. Mathur, S. S. (2009). Samaj Manovigyan. Agra: Mudrak B. P. Printers.
15. Worchel, S. (2000). Social Psychology. Sage publication.
16. Hogg, M. A. & Cooper, J. (2003). Handbook of social psychology. Sage publications.
17. Baron, R. A., Branscombe, N. R., & Byrne, D. E. (2007). Social Psychology. Pearson.
18. Hogg, M. A. & Vaugan, G. M. (2008). Social Psychology. Sage publication .
19. Sanderson, C. A. (2011). Social psychology. Delhi: Choudhary Printers.
20. Gergen, K., & Gergen, M. (2013). Historical social psychology. Taylor and Francis group.
21. Myers (2013). Social Psychology 11th edition. McGraw Hill.

LISTS OF PRACTICALS

1. Attitude Assessment
2. Sociometry
3. Person Perception
4. Career and Family Value Scale
5. Marriage attitude Scale

COURSE: LEARNING PROCESSES (BAPSY0204)

Course Code	BAPSY 0204		
Credits-4	L	T	P
	31	14	30* (15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

LEARNING PROCESSES

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-II (COURSE NO: BAPSY0204)

LEARNING PROCESSES

Unit-I: Nature of learning, Factors affecting learning

Unit-II: Theories of learning: Trial and Error theory and Learning through insight.

Unit-III: Conditioning: Concept and Basic Processes of classical and operant conditioning. Extinction, discrimination, generalization, and spontaneous recovery.

Unit-IV: Transfer of Training :Types and Factors affecting Transfer of Training.

Recommended Books:

- Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
- Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
- Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
- Singh, A. and Singh,U.(1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.
- Jain, Shashi (2007). Introduction to Psychology (4th Ed.).New Delhi: Kalyani Publishers.
- Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Chauhan, B. R. (2001). Adhunik Prayogic Manovigyan(fourth Ed.) . Kurukshetra: Azad Publication.
- Baron, R. A. (2005). Psychology (5th Ed.). New Delhi: Sanat Printers.
- Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
- Ramnath Sharma & Rachna Sharma (2006). Experimental Psychology. Atlantik Publisher.
- Kantowitz, H. & Kantowitz, R. L. (2006) Study guide for experimental psychology. Atlantik.
- Carlson, N. R. (2009). Foundation of physiological psychology. Amazon.
- Zana, M. & Olson, J. (2013). Advances in experimental social psychology. Elsevier.
- Srivastava, D. N. (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Tiwari, Ramkalap (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Matthijs Corne, R. M. (2010). Foundatiuon of Indian Psychoogy vol. I. Pearson.
- Singh, R. N. (2010). Mool Manoviganik Prakriyaen. Agra: Aggrawal Publications.

LISTS OF PRACTICALS

1. Study of serial positioning effect in rote learning
2. Transfer of training
3. Paired associate learning
4. AAPAS Motive Test

SEMESTER-III

COURSE: PSYCHOPATHOLOGY (BAPSY0305)

Course Code	BAPSY0305		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30	10	5	5	

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

PSYCHOPATHOLOGY

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-III (COURSE NO: BAPSY0305)

PSYCHOPATHOLOGY

Unit-I: Introduction: Concept of normality and abnormality. Causes of Abnormal Behavior

Unit-II: Models of Abnormality: Psychoanalytic and Behavioristic.

Unit-III: Anxiety Disorders: Study of Obsessive-compulsive disorder and Phobic disorders.

Unit-IV: Conversion and dissociative disorder

Recommended Books:

1. Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10th edition.
2. Coleman, James (1980). Abnormal Psychology and Modern Life. New Delhi: Pearson Publications Pvt. Ltd.
3. Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
4. Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahitya
5. Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
6. Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
7. Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
8. Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
9. Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
10. Singh, L., & Tiwari, G. (2008). Asamanya Manogigyan. Agra: Vinod Pustak Mandir.
11. Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
12. Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
13. Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
14. Theodore P. Beauchaine, & Stephen P. Hinshaw (2013). Child and Adolescent Psychopathology. John Wiley & Sons.
15. Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
16. Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
17. Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13th Ed. New Delhi: Pearson Education.
18. Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
19. Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
20. Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications.

LISTS OF PRACTICALS

1. Anxiety Assessment
2. PGI General Wellbeing
3. Test anxiety
4. Home Environment Inventory

COURSE: EXPERIMENTAL PSYCHOLOGY-II (BAPSY0306)

Course Code	BAPSY 0306		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

EXPERIMENTAL PSYCHOLOGY-II

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-III (COURSE NO: BAPSY0306)

EXPERIMENTAL PSYCHOLOGY-II

Unit-I: Nature and concept of Intelligence. Factor affecting intelligence (Environmental and Hereditary)

Unit-II: Learning, nature, types and factor affecting learning.

Unit-III: Memory Processes (encoding, storage and retrieval); Types of memory: STM & LTM. Information Processing Model of memory.

Unit-IV: Unit-III: Forgetting: Nature and causes of forgetting.

Recommended Books:

- Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
- Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
- Jain, Shashi (2007). Introduction to Psychology (4th Ed.). New Delhi: Kalyani Publishers.
- Chauhan, B. R. (2001). Adhunik Prayogic Manovigyan (fourth Ed.) . Kurukshetra: Azad Publication.
- Baron, R. A. (2005). Psychology (5th Ed.). New Delhi: Sanat Printers.
- Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
- Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
- Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Ramnath Sharma & Rachna Sharma (2006). Experimental Psychology. Atlantik Publisher.
- Kantowitz, H. & Kantowitz, R. L. (2006) Study guide for experimental psychology. Atlantik.
- Carlson, N. R. (2009). Foundation of physiological psychology. Amazon.
- Zana, M. & Olson, J. (2013). Advances in experimental social psychology. Elsevier.

LISTS OF PRACTICALS

1. Zegarnick Effect.
2. Intelligence Testing (Verbal and Non-verbal tests)
3. Recall of pleasant and unpleasant emotions
4. Aptitude Test

COURSE: EVERYDAY PSYCHOLOGY (BAPSY0407)

Course Code	BAPSY 0407		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

EVERYDAY PSYCHOLOGY

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-IV (COURSE NO: BAPSY0407)

EVERYDAY PSYCHOLOGY

Unit-I: Use of concept of psychology in day to day life. Concepts of psychoanalytic model: Id, ego, superego. Defense Mechanism.

Unit-II: Learning through Conditioning: Classical, operant and imitation models of learning.

Unit-III: Concept of Frustration and Conflict.

Unit-IV: Interpersonal attraction in day to day life. Role of verbal and non-verbal communication, Determinant and importance.

Recommended Books

- Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
- Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
- Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
- Singh, A. and Singh, U. (1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.
- Jain, Shashi (2007). Introduction to Psychology (4th Ed.). New Delhi: Kalyani Publishers.
- Marx, M. H. & Cronan-Hillix, W. a. (1987). Systems and theories of psychology (4th Ed.). New York: McGraw Hill.
- Benjamin, Jr. L. T. (1988). A history of psychology: Original sources and contemporary research. London: McGraw Hill.
- Smith, E.E., Atkinson, R. L. & Hilgard, E. R. (2003). Atkinson and Hilgard's introductions to Psychology. USA: Thompson Learning.
- Baron, R. A. (2005). Psychology (5th Ed.). New Delhi: Sanat Printers.
- Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
- Ciccarella, S. K. & Meyer, G. E. (2007). Psychology. New Delhi: Pushpati Printers.
- Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., & Hilgard, E.R. (1990). Introduction to Psychology (10th ed.). New York: Harcourt Brace Jovanovich.
- Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
- Taylor, Z. (2013). Fundamental of Psychology. Salon.com.
- Eysenck, H. J. (2009). Fundamental of Psychology. New York: Psychology Press Taylor and Francis.
- Srivastava, D. N. (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Tiwari, Ramkalap (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Matthijs Corne, R. M. (2010). Foundatiuon of Indian Psychoogy vol. I. Pearson.
- Singh, R. N. (2010). Mool Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Ramnath Sharma & Rachna Sharma (2006). Experimental Psychology. Atlantik Publisher.
- Mathur, S. S. (2008). Positive Psychology (Revised). Agra: Aggrawal Publications
- Singh, Rampal (2008). Naveen Vyavaharik Manovigyan. Agra: Aggrawal Publications

LISTS OF PRACTICALS

1. Adjustment Inventory
2. Life satisfaction scale
3. Whole versus part learning
4. Self Evaluation of Anxiety

COURSE: SOCIO-PSYCHOLOGICAL PROCESSES (BAPSY0408)

Course Code	BAPSY 0408		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

SOCIO-PSYCHOLOGICAL PROCESSES

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-IV (COURSE NO: BAPSY0408)

SOCIO-PSYCHOLOGICAL PROCESSES

Unit-I: Socio-psychological Groups; types and functions.

Unit-II: Leadership: Types, functions, trait and state approaches.

Unit-III: Aggression: Determinants, preventions and control.

Unit-IV: Communication Processes: Types, models and barriers.

Recommended Books:

22. Kretch and Crutchfield (1948). Theory and Problems of Social Psychology. New York: McGraw Hill.
23. McDavid, J. W. & Harrari, H. (1968). Social Psychology. New York: Harper & Row.
24. Rastogi, G.D. (1986). Adhunik Samaj Manovigyan, Agra: Bhargava.
25. Baron, R.A. & Byrne, D. (1993). Social Psychology: Understanding Human Interaction. New Delhi: Prentice Hall.
26. Baron, R.A. Byrne, D. & Bhardwaj. (2002). Social Psychology: Understanding Human Interaction. New Delhi: Prentice Hall.
27. Misra, G. (1990). Applied Social Psychology. New Delhi: Sage Publications.
28. Myers, D.G. (1998). Social Psychology. New York: McGraw Hill.
29. Srivastava, D.N. Singh, R. & Pandey, J. (1991). Adhunik Samaj Manovigyan, Agra: Bhargava.
30. Singh, R. N. (2009). Adhunik Samajik Manovigyan. Agra: Aggrawal Publication
31. Srivastava, D. N. (2011). Adhunik Samajik Manovigyan. Agra: Aggrawal Publication
32. Sharma, R. N. (1993). Essentials of Social Psychology. New Delhi: Surjeet Publications.
33. Mohanty, Girishbala (2008). Social Psychology. New Delhi: Kalyani Publishers.
34. Mathur, S. S. (Revised). Social Psychology. Agra: Aggrawal Publications.
35. Mathur, S. S. (2009). Samaj Manovigyan. Agra: Mudrak B. P. Printers.
36. Worchel, S. (2000). Social Psychology. Sage publication.
37. Hogg, M. A. & Cooper, J. (2003). Handbook of social psychology. Sage publications.
38. Baron, R. A., Branscombe, N. R., & Byrne, D. E. (2007). Social Psychology. Pearson.
39. Hogg, M. A. & Vaugan, G. M. (2008). Social Psychology. Sage publication .
40. Sanderson, C. A. (2011). Social psychology. Delhi: Choudhary Printers.
41. Gergen, K., & Gergen, M. (2013). Historical social psychology. Taylor and Francis group.
42. Myers (2013). Social Psychology 11th edition. McGraw Hill.

LISTS OF PRACTICALS

1. Family environment scale
2. Study of interests
3. Bem Sex role inventory
4. Religious Attitude Scale

COURSE: STRESS MANAGEMENT (BAPSY0409)

Course Code	BAPSY 0409		
Credits-4	L	T	P
	32	28	0
Course Type	Core: Major		
Lectures to be Delivered	60		

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	50	23	3.00 Hrs
Practical	nil	nil	0.00 Hrs
Total	50	23	3.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10 (1 mark each)	Complete	Objective Type	10	10
B	5(2 marks each)	Complete	Short answer type (25 words)	5	10
C	10(3 marks each)	Complete	Medium answer type (50 words)	5	15
D	3(15 marks each)	Complete	Long answer type (1000 words)	1	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

STRESS MANAGEMENT

Unit	Allotted Time Hours		
	L	T	P
I.	08	7	0
II.	09	6	0
III.	07	8	0
IV.	08	7	0
	32	28	0

L-Lecture, T-Tutorial and P-Practical

Text Books: Enclosure Attached

SEMESTER-IV (COURSE NO: BAPSY0409)

STRESS MANAGEMENT

Unit-I Nature and Type of Stress: Causes of Stress: Life Events Stress, Daily Hassles – Household Hassles, Health Hassles, Time Pressure Hassles, Inner Concern Hassles.

Unit-II: Stress and Physical Health: Physiological Consequences of Stress: (Essential Hypertension, Coronary Heart Disease, Asthma, Ulcer and Collitis).

Unit-III: Sources of stress: Frustration (Concept, causes and reactions); conflicts (concepts and types)

Unit-IV: Some Common Techniques of stress management.

RECOMMENDED BOOKS :

- Lazarus, R. S. & Folkman, S. (1984). Stress, Appraisal and Coping. New York : Springer
- Cooper, C. & Payne, R. (1988). Causes, Coping and Consequences of Stress at Work. Chichester : Wiley. 51
- Mishra, G. (1999). Psychological Perspectives on Stress and Health. New Delhi: Concept Publishing Company.
- Dougall, A. L. & Baum, A. (2001). Stress, health and illness: Handbook of Health Psychology. New Delhi: Mahwah Publishers.
- Rathus, S. A. & Nevid, J.S. (2002). Psychology and the Challenges of Life : Adjustment in the New Millennium (8th Ed.). New York : John Wiley & Sons.
- Sharma, R. N. & Sharma, R. (2004). Guidance and counseling in India. New Delhi: Atlantik Publishers (available both Hindi and in English).
- Patel, M.K. & Nasit, T.B. (2008). Stress, Emotions, Coping and Health. Rajkot : Saurashtra University Press.
- Mathur, S. S. (2008). Swasthay Manovigyan. Agra: Aggrawal Publications.
- Mathur, S. S. (2008). Positive Psychology. Agra: Aggrawal Publications
- Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10th edition.
- Coleman, James (1980). Abnormal Psychology and Modern Life. New Delhi: Pearson Publications Pvt. Ltd.
- Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
- Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahitya
- Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
- Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
- Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
- Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
- Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
- Singh, L., & Tiwari, G. (2008). Asamanya Manovigyan. Agra: Vinod Pustak Mandir.
- Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
- Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
- Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
- Theodore P. Beauchaine, & Stephen P. Hinshaw (2013). Child and Adolescent Psychopathology. John Wiley & Sons.
- Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
- Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13th Ed. New Delhi: Pearson Education.
- Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
- Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
- Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications

COURSE: PSYCHOLOGY OF PERSONALITY (BAPSY0510)

Course Code	BAPSY 0510		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

PSYCHOLOGY OF PERSONALITY

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-IV (COURSE NO: BAPSY0510)

PSYCHOLOGY OF PERSONALITY

Unit-I : Concept of Personality: Nature and nurture (Bio-psycho-social and cultural aspects of Personality).

Unit-II. Approaches to personality: Allport, Eysenck and Cattell.

Unit-III: Assessment of Individual difference personality through objective and projective tests (EPI, MPI, TAT and Rorschach tests).

Unit-IV: Elements of Psychoanalytic Model in brief.

Recommended Books

22. Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
23. Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
24. Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
25. Singh, A. and Singh, U. (1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.
26. Jain, Shashi (2007). Introduction to Psychology (4th Ed.). New Delhi: Kalyani Publishers.
27. Marx, M. H. & Cronan-Hillix, W. a. (1987). Systems and theories of psychology (4th Ed.). New York: McGraw Hill.
28. Benjamin, Jr. L. T. (1988). A history of psychology: Original sources and contemporary research. London: McGraw Hill.
29. Smith, E.E., Atkinson, R. L. & Hilgard, E. R. (2003). Atkinson and Hilgard's introductions to Psychology. USA: Thompson Learning.
30. Baron, R. A. (2005). Psychology (5th Ed.). New Delhi: Sanat Printers.
31. Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
32. Ciccarelli, S. K. & Meyer, G. E. (2007). Psychology. New Delhi: Pushpati Printers.
33. Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., & Hilgard, E.R. (1990). Introduction to Psychology (10th ed.). New York: Harcourt Brace Jovanovich.
34. Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
35. Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
36. Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
37. Taylor, Z. (2013). Fundamental of Psychology. Salon.com.
38. Eysenck, H. J. (2009). Fundamental of Psychology. New York: Psychology Press Taylor and Francis.
39. Srivastava, D. N. (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
40. Tiwari, Ramkalap (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
41. Matthijs Corne, R. M. (2010). Foundatiuon of Indian Psychoogy vol. I. Pearson.
42. Singh, R. N. (2010). Mool Manoviganik Prakriyaen. Agra: Aggrawal Publications.
43. Jaiswal, Sita Ram (2008). Vyaktittva ka Manovigyan. Agra Aggrawal Publications
44. Singh, R. N. (2008). Vyaktittva ka Manovigyan. Agra Aggrawal Publications.

LISTS OF PRACTICALS

1. Personality Assessment (any one technique)
2. Altruism Scale.
3. Self-esteem Inventory
4. Rotter's Locus of Control

COURSE: ABNORMAL PSYCHOLOGY (BAPSY0511)

Course Code	BAPSY 0511		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

ABNORMAL PSYCHOLOGY

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-V (COURSE NO: BAPSY0511)

ABNORMAL PSYCHOLOGY

Unit: Nature of Schizophrenia, symptoms, etiology and types.

Unit-II: Bipolar Mood Disorder. Concept of Mania and Depression .

Unit-III: Psychosomatic disorders: Nature of Gastrointestinal and cardiovascular disorders.

Unit-IV: Psychoanalytic and Behaviouristic approaches to Treatment .

Recommended Books

21. Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10th edition.
22. Coleman, James (1980). Abnormal Psychology and Modern Life. New Delhi: Pearson Publications Pvt. Ltd.
23. Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
24. Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahitya
25. Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
26. Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
27. Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
28. Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
29. Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
30. Singh, L., & Tiwari, G. (2008). Asamanya Manogigyan. Agra: Vinod Pustak Mandir.
31. Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
32. Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
33. Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
34. Theodore P. Beauchaine, & Stephen P. Hinshaw (2013). Child and Adolescent Psychopathology. John Wiley & Sons.
35. Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
36. Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
37. Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13th Ed. New Delhi: Pearson Education.
38. Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
39. Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
40. Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications.

LISTS OF PRACTICALS

1. Assessment of Depression (any technique)
2. Mental Health Inventory.
3. Emotional competence measure
4. Test anxiety Questionnaire

COURSE: PSYCHOLOGY SUBSTANCE USE (BAPSY0512)

Course Code	BAPSY 0512		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

PSYCHOLOGY SUBSTANCE USE

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-V (COURSE NO: BAPSY0512)

PSYCHOLOGY OF SUBSTANCE USE

Unit-I: Alcoholism: Effects and stages.

Unit-II: Drug abuse: Introduction to different category of drugs, stimulants, depressants, opioids, hallucinogens in brief.

Unit-III: Main Causal factors of alcoholism and drug abuse.

Unit-IV: Prevention of substance uses in brief.

Recommended Books

1. Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10th edition.
2. Coleman, James (1980). Abnormal Psychology and Modern Life. New Delhi: Pearson Publications Pvt. Ltd.
3. Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
4. Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahitya
5. Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
6. Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
7. Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
8. Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
9. Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
10. Singh, L., & Tiwari, G. (2008). Asamanya Manovigyan. Agra: Vinod Pustak Mandir.
11. Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
12. Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
13. Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
14. Theodore P. Beauchaine, & Stephen P. Hinshaw (2013). Child and Adolescent Psychopathology. John Wiley & Sons.
15. Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
16. Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
17. Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13th Ed. New Delhi: Pearson Education.
18. Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
19. Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
20. Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications.

LISTS OF PRACTICALS

- a. Substance Abuse Scale
- b. Stress Management (Any Technique)
- c. Neuroticism Scale
- d. PGI Health Questionnaire

COURSE: SOCIO-PATHIC DISORDERS (BAPSY0613)

Course Code	BAPSY 0613		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

SOCIO-PATHIC DISORDER

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-VI (COURSE NO: BAPSY0613)

SOCIOPATHIC DISORDERS

Unit-I: Nature of Anti-social Personality. Clinical Picture and causal factors.

Unit-II: Etiology of criminal behavior.

Unit-III: Juvenile Delinquency and causes of delinquent behavior.

Unit-IV: Socio Psychological Intervention in brief.

Recommended Books

5. Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10th edition.
6. Coleman, James (1980). Abnormal Psychology and Modern Life. New Delhi: Pearson Publications Pvt. Ltd.
7. Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
8. Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahitya
9. Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
10. Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
11. Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
12. Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
13. Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
14. Singh, L., & Tiwari, G. (2008). Asamanya Manogigyan. Agra: Vinod Pustak Mandir.
15. Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
16. Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
17. Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
18. Theodore P. Beauchaine, & Stephen P. Hinshaw (2013). Child and Adolescent Psychopathology. John Wiley & Sons.
19. Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
20. Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
21. Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13th Ed. New Delhi: Pearson Education.
22. Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
23. Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
24. Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications.

LISTS OF PRACTICALS

1. Study of Values
2. Moral Judgment Test
3. Personality Assessment (Through Any Techniques)

COURSE: THERAPEUTIC APPROACHES TO MENTAL HEALTH (BAPSY0614)

Course Code	BAPSY 0614		
Credits-4	L	T	P
	31	14	30*(15)
Course Type	Core: Major		
Lectures to be Delivered	60		

L-Lecture, T-Tutorial, P-Practical

As per the weightage assigned to the practical category in the CBCS regulation 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, laboratory/field work and preparation of practical record for additional 15 hours over and above prescribed 60 hours limit will be completed during either on Friday/Saturday of a week @ 1 hour per day for 15 days.

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30				

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	35	16	3.00 Hrs
Practical	15	7	3.00 Hrs
Total	50	23	6.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10	Complete	Objective Type	10(0.5 mark each)	5
B	5	Complete	Short answer type (25 words)	5(1.5 marks each)	7.5
C	10	Complete	Medium answer type (50 words)	5(2.5 marks each)	12.5
D	3	Complete	Long answer type (1000 words)	1(10 marks each)	10
Total					35

Note: Use of simple calculator and graph paper are allowed in the examination hall.

Marks Allocation Scheme (Practical Paper)

Particulars	Maximum Marks
Experimentation	07
Practical File	05
Viva Voce	03
Total	15

Note: Use of simple calculator and graph paper are allowed in the examination hall.

THERAPEUTIC APPROACHES TO MENTAL HEALTH

Unit	Allotted Time Hours		
	L	T	P
I.	08	4	0
II.	08	4	8
III.	08	4	7
IV.	07	2	0
	31	14	15

L-Lecture, T-Tutorial and P-Practical

* As per the weightage assigned to the P (Practical) category in the CBCS regulations 2 hours practical work has been treated equal to 1 credit. Therefore, in this course paper, the laboratory/ field work and preparation of practical record for additional 15 hours *over and above* prescribed 60hours limit will be completed during either on Friday/Saturday of a week (@ 1hour/day for 15 days).

Text Books: Enclosure Attached

SEMESTER-VI (COURSE NO: BAPSY0614)

THERAPEUTIC APPROACHES TO MENTAL HEALTH

Unit-I: Introduction, goals and purpose of psychotherapies (Unit-II: Nature and types of biomedical therapies)

Unit-II: Nature and types of biomedical therapies (ECT, Psychosurgery, insulin coma therapy and drug therapies)

Unit-III: Nature and types of psychoanalytic therapy (Free association, dream analysis, analysis of resistance, transference analysis).

Unit-IV: Nature and types of behaviouristic therapies (Systematic desensitization, implosive therapy and flooding, Assertive and aversive therapy, token economy, modeling and bio-feedback).

RECOMMENDED BOOKS:

1. Bhattacharya Guidance In Education, Bombay, Asian Publishing House, 1964.
2. Kochhar, S.K Guidance in Indian Education, New Delhi, Sterling Publishers Pvt.Ltd., 1979.
3. Bengalee, M.D. Guidance and Counselling, Bombay, Sheth Publishers, 1984.
4. Bernard, H. W. & Fullner, D.W Principles of Guidance: A Basic Text (Indian Education), New Delhi, Allied Publishers Pvt.Ltd, 1987.
5. Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10th edition.
6. Coleman, Introduction to abnormal psychology.
7. Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
8. Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahitya
9. Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
10. Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
11. Sharma, R. A. (1997). Guidance and counseling. New Delhi: Atlantic Publisher
12. Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
13. Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
14. Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
15. Singh, L., & Tiwari, G. (2008). Asamanya Manogigyan. Agra: Vinod Pustak Mandir.
16. Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
17. Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
18. Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
19. Theodore P. Beauchaine, & Stephen P. Hinshaw (2013). Child and Adolescent Psychopathology. John Wiley & Sons.
20. Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
21. Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
22. Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13th Ed. New Delhi: Pearson Education.
23. Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
24. Verma, Anju (2011 in press). Naidanik Manovigyan. Agra: Aggrawal Publications.

LISTS OF PRACTICALS

1. Case Study
2. Guidance Need Inventory
3. Life Satisfaction Scale
4. Subjective Happiness Scale

ADDITIONAL ELECTIVE COURSES

NOTE: FOR ALL ADDITIONAL ELECTIVE COURSES PATTERN WILL BE THE SAME

FOR ALL ADDITIONAL ELECTIVE COURSES PATTERN WILL BE AS FOLLOWS

Course Code			
Credits-4	L	T	P
	32	28	0
Course Type	Core: Major		
Lectures to be Delivered	60		

Continuous Comprehensive Assessment (CCA) Pattern in psychology:

Minor Test (Marks)		Class Test/ Tutorials/Assignments (Marks)	Quiz/Seminars(Marks)	Attendance	Total Marks
Test 1	15	10	5	5	50
Test 2	15				
Total	30	10	5	5	

The pattern of examination for conducting the minor tests will be same as prescribed for the end semester examination.

End Semester Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	50	23	3.00 Hrs
Practical	nil	nil	0.00 Hrs
Total	50	23	3.00 Hrs

Paper Setting Scheme for psychology (Theory Paper)

Section	No of Questions	Syllabus Coverage	Nature of Questions and Answers	Questions to be Attempted	Maximum Marks
A	10 (1 mark each)	Complete	Objective Type	10	10
B	5(2 marks each)	Complete	Short answer type (25 words)	5	10
C	10(3 marks each)	Complete	Medium answer type (50 words)	5	15
D	3(15 marks each)	Complete	Long answer type (1000 words)	1	15

Note: Use of simple calculator and graph paper /Statistical tables are allowed in the examination hall.

Credit Scheme for Additional Elective Courses

Unit	Allotted Time Hours		
	L	T	P
I.	08	7	0
II.	09	6	0
III.	07	8	0
IV.	08	7	0
	32	28	0

L-Lecture, T-Tutorial; P - Practical

Text Books: Enclosure Attached

SEMESTER-IV (COURSE CODE: BAPSY0415)

STATISTICS IN PSYCHOLOGY

Unit-I: Statistics as A research tool, Frequency distribution and graphical representation of data; histogram and polygon.

Unit-II : Measures of central tendency – Mean, Median and Mode. Measures of Variability Standard deviation and Quartile Deviation. Frequency

Unit-III: Concept and types of correlation, Calculation of correlation through Karl Pearson and Rank Order Method.

Unit-IV: Hypothesis testing; calculation of t-values.

Recommended Books :

1. Guilford J. P. (1954). Psychometric Methods, Bombay : Tata McGraw Hill Publishing Co., Ltd.,
2. Siegel Sidney (1956). Non-parametric statistics for the Behavioural Sciences, International Student edition, Tokyo: McGraw Hill Kogakusha Ltd.
3. Garrett, H. E. (1979). Statistics in Psychology & Education, Bombay : Vakils Feffer & Simons Ltd.
4. Garret, H. E. (2007). Shikha aur manovigyan mein Sankhiki ke prayog. New Delhi: Kalyani Publishers.
5. Trivedi, M. D. & Parekh, B. U. (1994). Statistics in Education, Granth Nirman Board, Ahmedabad.
6. Parekh S. C. & Dixit, S. K. (1995). Statistical Testing in Psychological Research, Junagadh : Champa Prakashan.
7. Parekh S.C. (1998). Non Parametric Statistical Tex For Behavioural – Social Sciences, Publisher S.C. Parekh, Junagadh.
8. Hawell, D. C. 8th Edition. Statistical Methods for Psychology.
9. Kapil, K. H. (Latest edition). Sankhiki ke mool tattva. Agra: Vinod Pustak mandir.
10. Agresti, A. & Finlay, B. (2008). Statistical methods for social sciences. Pearson.
11. Howitt, D. & Crammer, D. (2010). Introduction to Statistics in Psychology. Pearson.
12. Howell, D. C. (2013). Statistical method for psychology.

SEMESTER-V (COURSE NO: BAPSY0516)

EMOTIONAL DISORDERS

Unit-I: Nature and types of emotions ;Internal and External Correlates of Emotions and Role of Autonomic Nervous System in Emotions

Unit-II: Theories of Emotion: James – Lange, Cannon – Bard and Singer-Schechter's Theories.

Unit-III Emotional Disorders: Anxiety Disorders – Generalized Anxiety Disorder, Phobia, Obsessive – Compulsive Disorder; Conversion and Dissociative Disorders.

Unit-IV Mood Disorder: Nature and Etiology of Unipolar and Bipolar . disorder. Nature of Eating Disorders.

REFERENCE BOOKS:

1. Ekman, P., Friesen, W.V. & Ellsworth, P. (1972). Emotion in the Human Face.Pergamnon, New York : Oxford.
2. Scherer, K. R. & Ekman, P.(1984). Approaches to Emotion. New Jersey : Lawrence Erlbaum Associates.
3. Goleman, D. (1995). Emotional Intelligence: Why It Can Matter More than IQ. New York : Bantam Books.
4. Cooper, R. (1996). Executive EQ : Emotional Intelligence in Leadership and Organizations. NY : Berkley. Publishing Group.
5. Salovey, P. & Sluyter, D. (1997). Emotional Development and Emotional Intelligence : Implications for Educators. New York : Basic Books
6. Goleman, D. (1998). Working with Emotional Intelligence. New York : Bantam Books.
7. Baron, R. & Parker, J.D.A. (2000). Handbook of Emotional Intelligence, San Francisco : Jossey –Bass.
8. Strongman, K. T. (2000). The Psychology of Emotion: Theories of Emotion in Perspective (4th Eds.). New York: John Wiley & Sons.
9. Rottenberg, J. & Johnson, S. (2007). Emotion and Psychopathology: Bridging Affective and Clinical Science. APA Publication.
10. Patel, M. K. (2008). Psychology of Emotion. Rajkot : Saurashtra University Press. 33
11. Gross, J. J. (2009). Handbook of Emotion Regulation. New York : Guilford Press.
12. Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
13. Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
14. Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
15. Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
16. Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
17. Singh, R. N. (2010). Mool Manoviganik Prakriyaen. Agra: Aggrawal Publications.
18. Srivastava, D. N. (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
19. Tiwari, Ramkalap (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications
20. Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
21. Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
22. Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13th Ed. New Delhi: Pearson Education.
23. Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
24. Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
25. Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications.

SEMESTER-VI (COURSE CODE: BAPSY0617)

PSYCHOLOGY OF ADOLESCENCE

UNIT-I: Adolescence: Nature and characteristics.

UNIT-II: Physical, Social and Emotional Changes during adolescence.

UNIT-III Adolescent's Adjustment with Family, School, Peers and Society.
Identity crisis and gender stereotyping.

UNIT-IV: Socio-psychological interventions in brief.

Recommended Books

1. Hurlock, E.B. (2001) *Developmental Psychology: A Life Span Approach*. New Delhi: Tata McGraw Hill.
2. Chauhan, B. R. (2001). *Asamanya Manovigyan*. Kurukshetra: Azad Publication.
3. Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). *Abnormal Psychology* 13th Ed. New Delhi: Pearson Education.
4. Singh, R. N. (2009). *Adhunik Asamanya Manovigyan*. Agra: Aggrawal Publications.
5. Dixit, Nirupama (2010). *Asamanya Manovigyan*. Agra: Aggrawal Publications.
6. Srivastava, A. (2010). *Manovikriti Vigyan*. Agra: Aggrawal Publications.
7. Singh, R. N. (In press). *Adhunik Vikasmatak Manovigyan*. Agra: Aggrawal Publications.
8. Lal, J.N. (2010). *Naveen Vikasmatak Manovigyan*. Agra: Aggrawal Publications.
9. Coleman, James (1980). *Abnormal Psychology and Modern Life*. New Delhi: Pearson Publications Pvt. Ltd.
10. Srivastava, D.N. (1991). *Adhunik Asamanya Manovigyan* (6th ed.). Agra : Sahitya
11. Davison, G.C. and Neale, J.M. (1998). *Abnormal Psychology* (7th ed.). New York: John Wiley.
12. Sarason, I. G. , & Sarason, B. R. (1996). *Abnormal Psychology*. New Delhi: Prentice Hall of India.
13. Sharma, R. N. (1993). *Abnormal Psychology*. New Delhi: Surjeet Publications.
14. Mangal, S. K. (2008). *Abnormal Psychology*. New Delhi: Sterling Publishers Pvt. Ltd.
15. Singh, L., & Tiwari, G. (2008). *Asamanya Manogigyan*. Agra: Vinod Pustak Mandir.
16. Mohanty, G. (2004). *A textbook of abnormal Psychology*. New Delhi: Kalyani Publishers.

SEMESTER-VI (COURSE CODE: BAPSY0618)

BIOLOGICAL PSYCHOLOGY

UNIT-I: Building blocks of Nervous System: Neurons: The Basic structure and function.

UNIT-II: Human Nervous system: Central Nervous System: Structure and functions of brain and spinal cord.

UNIT-III: Peripheral Nervous System; Functions of Autonomic Nervous System.

UNIT-IV: Importance of glands and Hormones to human body.

Recommended Books:

- Morgan, T.H. and Stellar, A. (1965). *Physiological Psychology*. New York: McGraw Hill.
- D'Amato, M.R. (1970). *Experimental Psychology*. New Delhi: Tata McGraw Hill.
- Kling, J. W. & Riggs, L.A. (1984). *Woodworth and Schlosberg's Experimental Psychology*. New Delhi: Khosla Publication Jain, S. (in press). *Introduction to Psychology*.
- Levinthal, C.F. (1990). *Introduction to Physiological Psychology* (3rd Ed.). New Delhi: PHI.
- Chauhan, B. R. (2001). *Adhunik Prayogic Manovigyan*(fourth Ed.) . Kurukshetra: Azad Publication.
- Baron, R. A. (2005). *Psychology* (5th Ed.). New Delhi: Sanat Printers
- Coon, D. & Mitterer, J. O. (2007). *Introduction to Psychology: Gateway to mind and behavior*. New Delhi: Akash.
- Kalat, J. W. (2008). *Biological psychology*. Amazon.
- Carlson, N. R. (2009). *Foundation of physiological psychology*. Amazon
- Pinel, J.P.J. (2007). *Biopsychology*. New Delhi: Pearson.
- Srivastava, D. N. & Verma, P. (2009). *Adhunik Samanya Manovigyan*. Agra: Aggrawal Publications.
- Singh, R. N. (2010). *Adhunik Samanya Manovigyan*. Agra: Aggrawal Publications.
- Coon, D. & Mitterer, J. O. (2007). *Introduction to Psychology: Gateway to mind and behavior*. New Delhi: Akash.
- Zana, M. & Olson, J. (2013). *Advances in experimental social psychology*. Elsevier.

SEMESTER-VI (COURSE CODE: BAPSY0619)

PSYCHOLOGY OF COLLECTIVE BEHAVIOUR

Unit-I : Concept and types of collective behavior (Crowd, audience etc.)

Unit-II: Characteristics and types of crowd and audience.

Unit-III: Pro-social behavior, determinants and bystanders effect.

Unit-IV: Propaganda, meaning, types and importance of propaganda.

Recommended Books

1. Kretch and Crutchfield (1948). Theory and Problems of Social Psychology. New York: McGraw Hill.
2. McDavid, J. W. & Harrari, H. (1968). Social Psychology. New York: Harper & Row.
3. Rastogi, G.D. (1986). Adhunik Samaj Manovigyan, Agra: Bhargava.
4. Baron, R.A. & Byrne, D. (1993). Social Psychology: Understanding Human Interaction. New Delhi: Prentice Hall.
5. Baron, R.A. Byrne, D. & Bhardwaj. (2002). Social Psychology: Understanding Human Interaction. New Delhi: Prentice Hall.
6. Misra, G. (1990). Applied Social Psychology. New Delhi: Sage Publications.
7. Myers, D.G. (1998). Social Psychology. New York: McGraw Hill.
8. Srivastava, D.N. Singh, R. & Pandey, J. (1991). Adhunik Samaj Manovigyan, Agra: Bhargava.
9. Worchel, S. (2000). Social Psychology. Sage publication.
10. Hogg, M. A. & Cooper, J. (2003). Handbook of social psychology. Sage publications.
11. Baron, R. A., Branscombe, N. R., & Byrne, D. E. (2007). Social Psychology. Pearson.
12. Hogg, M. A. & Vaugan, G. M. (2008). Social Psychology. Sage publication .
13. Sanderson, C. A. (2011). Social psychology. Delhi: Choudhary Printers.
14. Mathur, S. S. (2009). Samaj Manovigyan. Agra: Mudrak B. P. Printers.
15. Singh, R. N. (2009). Adhunik Samajik Manovigyan. Agra: Aggrawal Publication
16. Srivastava, D. N. (2011). Adhunik Samajik Manovigyan. Agra: Aggrawal Publication
17. Sharma, R. N. (1993). Essentials of Social Psychology. New Delhi: Surjeet Publications.
18. Mohanty, Girishbala (2008). Social Psychology. New Delhi: Kalyani Publishers.
19. Gergen, K., & Gergen, M. (2013). Historical social psychology. Taylor and Francis group.
20. Myers (2013). Social Psychology 11th edition. McGraw Hill.

SEMESTER-VI (COURSE CODE: BAPSY0620)
PSYCHOLOGY OF ADJUSTMENT

Unit-I: Meaning and elements of Adjustment. Processes of adjustment. Sources of frustration, and adjustment to the Motives.

Unit-II: Criteria of Personality adjustment; Methods of adjustment.

Unit-III: Defense Mechanism and Characteristics of well adjusted persons.

Unit-IV: Stress Management, Understanding and Conceptualizing stress, Stress and human life, Reaction to Stress, Managing Stress

Recommended Books:

Laurance, S. F. (1936). The Psychology of adjustment. Houghton Mifflin Company.

Gorlow, L., Kalkovsky, W. (1959). Readings in the psychology of adjustment. London. McGraw Hill.

Beck, A. t. (1972). Depression: Causes and treatment. Philedephia.

Kendall, P. C. & Norten Ford, J. D. (1982). Clinical Psychology. New York: John.

Davison, G. C. & Neale, J. M. (1982). Abnormal psychology: An experimental clinical approach. New York: John Wiley. Adams, H. E. & Sutker, P. B. (1984). Comprehensive handbook of psychopathology. New York: Plenum Press.

Dawis, R. V. & Lofquist, L. H. (1984). A psychological theory of work adjustment. University of Minnesota, Mineapolis.

Kaplan, P. S. , Stein, J. (1984). Psychology of adjustment. Wadsworth Pub. Co.

Diagnostic and Statistical Manual-IV, American Psychological Association.

Cooper, C. & Payne, R. (Eds.) (1988). Causes, coping and consequences of stress at work. Manchester: Wiley.

Cooper, C. & Payne, R. (Eds.) (1991). Personality and stress: Individual differences in stress. Wiley.

Weitan, Dun & Hammer (2012). Psychology applied to modern life: Adjustment in the 21st Century. Wardsworth Centenage Learning.

Cartwright, S. & Cooper, C. L. (1997). Managing workplace stress. New Delhi: Sage.

Coleman, J. C. (1998). Abnormal Psychology and modern life. Bombay: Taraporevala Sons & Company.

Duffy K.G. & Atwater E. (2008) : Psychology for Living-Adjustment, Growth and Behaviour Today, Eighth Edition, Pearson Education, New Delhi, India

Chauhan, S. S. Advanced educational psychology.

SEMESTER-VI (COURSE NO: BAPSY0621)

PERSONALITY DEVELOPMENT

Unit-I: Concept of personality development. Role of heredity and environmental factors in personality development.

Unit-II: Role of positive self-concept, self-image, self-esteem and self-efficacy in personality development.

Unit-III: Assessment of Personality: Objective and projective tests.

Unit-IV: Nature of frustration and conflicts; Enhancement of adjustment through psychological interventions (systematic desensitization, modeling, positive reinforcement, auto-suggestion, catharsis etc.)

Recommended Books

1. Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
2. Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
3. Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
4. Singh, A. and Singh, U. (1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.
5. Jain, Shashi (2007). Introduction to Psychology (4th Ed.). New Delhi: Kalyani Publishers.
6. Marx, M. H. & Cronan-Hillix, W. a. (1987). Systems and theories of psychology (4th Ed.). New York: McGraw Hill.
7. Benjamin, Jr. L. T. (1988). A history of psychology: Original sources and contemporary research. London: McGraw Hill.
8. Smith, E.E., Atkinson, R. L. & Hilgard, E. R. (2003). Atkinson and Hilgard's introductions to Psychology. USA: Thompson Learning.
9. Baron, R. A. (2005). Psychology (5th Ed.). New Delhi: Sanat Printers.
10. Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
11. Ciccarelli, S. K. & Meyer, G. E. (2007). Psychology. New Delhi: Pushpati Printers.
12. Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., & Hilgard, E.R. (1990). Introduction to Psychology (10th ed.). New York: Harcourt Brace Jovanovich.
13. Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
14. Singh, R. N. (2010). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
15. Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
16. Taylor, Z. (2013). Fundamental of Psychology. Salon.com.
17. Eysenck, H. J. (2009). Fundamental of Psychology. New York: Psychology Press Taylor and Francis.
18. Srivastava, D. N. (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
19. Tiwari, Ramkalap (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
20. Matthijs Corne, R. M. (2010). Foundatiuon of Indian Psychoogy vol. I. Pearson.
21. Singh, R. N. (2010). Mool Manoviganik Prakriyaen. Agra: Aggrawal Publications.
22. Jaiswal, Sita Ram (2008). Vyaktittva ka Manovigyan. Agra Aggrawal Publications
23. Singh, R. N. (2008). Vyaktittva ka Manovigyan. Agra Aggrawal Publications.

ANNEXURE -II

END SEMESTER EXAMINATION IN PSYCHOLOGY FOR THEORY AND PRACTICAL PAPER (THEORY = 35 MARKS; PRACTICALS = 15 MARKS)

INSTRUCTIONS FOR PAPER SETTER

THEORY = 35

There will be four part in theory section

Part-A: It is compulsory. There will be Ten objective type question in the form of (MCQ/True or false/Fill in the Blanks etc.) Each question will carry 0.5(half) marks. $10 \times 0.5 = 5.00$ Marks

Part-B: It consists of Five short answer type questions (25 words) that comprises of 1.5 marks for each $5 \times 1.5 = 7.5$ Marks

Part -C: It consists of ten questions of Medium Length Answer (50 words). The candidate has to attempt five question. Each question carries 2.5 marks. $5 \times 2.5 = 12.5$ Marks

Part-D: It comprises of three questions of long answer type (400 words) of which one needs to be attempted. Each questions comprises of 10 marks each. Candidate has to attempt only one question. $1 \times 10 = 10$ Marks

Total marks (A+B+C+D+E) = $5 + 7.5 + 12.5 + 10.00 = 35$ marks.

END SEMESTER EXAMINATION IN PSYCHOLOGY FOR PRACTICAL PAPER (TOTAL MARKS = 15)

DISTRIBUTION OF MARKS

A. Marks Assigned to Experimentation	= 07
B. Marks Assigned to Practical File	= 05
C. Marks Assigned to Viva Voce	= <u>03</u>
Total	15 marks

ANNEXURE III

Instructions for Class Teachers for conducting Minor Tests 1 and 2 and Evaluation of Tutorial/Home Assignments

Note: Time allowed for conducting Minor Test 1 and 2 shall be 1.30 hours each.

(A). Mode of conducting Minor Test 1 and Minor Test 2: (15 marks each, i.e. $15 \times 2 = 30$ marks).

Minor Test 1 will be conducted after the completion of 48 teaching days (8 weeks) and Minor Test 2 after 90 teaching days (15 weeks). Minor test 2 shall cover the second half of the course covered after Minor Test 1. Three types of question will be set in Minor Test 1 and 2:

1. Ten MCQ (either choice 1 out of 3 or True/False of questions) of $\frac{1}{2}$ mark each = 5 marks.
2. Two questions of short answer type in about 150 words each of 2.5 marks = 5 marks.
3. One question of about 900 words, carrying 5 marks = 5 marks.

Total marks $(1+2+3) = 5+5+5 = 15$ marks.

(B), Distributions of marks for evaluation of Tutorial/ Home assignment:

1. 5 marks are assigned for the quality of contents and structure of the assignment.
2. 5 marks are assigned for the clarity of language of the script (English or Hindi) and its presentation in the classroom.
3. 5 marks are assigned for defending the assignment in the classroom or in group discussion.

Total marks $(1+2+3) = 5+5+5 = 15$ marks.

Distribution of Marks for CCA in each course in each semester:

1. Minor Test 1 = 15 marks
2. Minor Test 2 = 15 marks
3. Tutorial/Home Assignment = 15 marks
4. Attendance = 5 marks

Total = $15+15+15+5 = 50$ marks.

Dr. R. L. Zinta

Chairman